



**SUSAN RUTTER**

Independent Social Work Services

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## Separate Ways

Susan Rutter (Independent Social Worker) is providing a service named **'Separate Ways'** which offers practical, confidential and affordable support and advice to individuals experiencing divorce, separation and child care disputes

### Separate Ways Aims to Support Individuals Who:

- ◆ Are being denied access to their child/ren and there are concerns about parental alienation
- ◆ Are experiencing difficulty in agreeing and maintaining child care contact arrangements
- ◆ Are in paid work, not entitled to legal aid, therefore likely to encounter high solicitor costs
- ◆ Are struggling to mediate with their ex-partner
- ◆ Are unable to engage in mediation because the relationship with their ex-partner has significantly broken down

### How Separate Ways Can Help:

- ◆ Providing emotional support to people directly affected by a relationship breakdown and parental alienation including Step Parents/Grandparents etc
- ◆ Help people to make constructive decisions about their future and feel more in control
- ◆ Maximising health and wellbeing during a time of emotional turmoil and distress
- ◆ Sign posting to relevant specialist support services
- ◆ Supporting people to manage their emotions, minimising the escalation of negative behaviours/reactions
- ◆ Help people concentrate on legally relevant issues
- ◆ Supporting people to work positively with other agencies such as Police, CAFCASS, Social Services and Education
- ◆ Help people see things from a child's perspective
- ◆ To prepare individuals for mediation sessions to help them get the best out of these
- ◆ Debriefing sessions post mediation to help focus on the best outcomes from mediation

### How to get in touch

- ◆ Please email your enquiry to [info@susanruttersocialwork.org](mailto:info@susanruttersocialwork.org)
- ◆ Or telephone on 07944 587 165 voicemail available

### Who Am I?

- ◆ Susan Rutter qualified as a social worker in 1996 and has experience in all areas of social care with specialist knowledge in Mental Health and Mental Capacity. She is highly trained in social care and her wealth of experience enables her to provide confidential, affordable, professional support and advice.

- ◆ She has worked as a Principal Social Worker and Approved Mental Health Professional (AMHP) Lead, influencing and contributing to national agendas. She has a calm, empathetic manner to relate to others and identify significant social care issues, adopting a problem solving approach.
- ◆ In addition to her professional experience Susan has lived experience of separation, divorce, a child care dispute and parental alienation. She has attended mediation sessions, represented herself at numerous Family Court Hearings as a litigant in person, experienced the Child Maintenance Service, and the Child and Family Court Advisory Service (CAFCASS).
- ◆ This personal experience enables her to fully empathise with others and offer practical support and advice to help maximise wellbeing during a time of extreme emotional turmoil and stress, whilst also offering help to minimise the emotional and financial costs for the benefit of all concerned.

## Price

<b>Initial</b> 15 minute Consultation	FREE <b>TELEPHONE</b> Consultation	<b>FREE</b>
<b>One</b> 45 minute Appointment	Telephone or Zoom Online Appointment	<b>£60</b>

