

PARENTAL ALIENATION UK FACT FILE

In 2019, leading child safety campaigner Good Egg Safety CIC carried out the largest survey of its kind among victims of parental alienation. It found:

- 40% of respondents had no face-to-face direct time with their child for more than one year
- 11% had not spent any direct time with the child in more than five years
- 91% of children affected were over seven years of age. 35% were 13 or older
- 60% of parents had experienced alienation for up to one year. 37% experienced alienation for up to four years
- One mother reported: "I missed out on 6 years of my children's life but believe that they have been psychologically damaged for life"
- Another mother said: "My son's last words to me three years ago were on the phone 'I'm not going to agree to see you, until you sort out the endowment policy payout with dad'"
- A father said: "My daughter has been brain washed and thinks I am a bad person. She no longer wishes to have contact with me, she has not seen me for seven years now. I saw her briefly today and was told to go away"
- 69% of respondents had applied to/attended court. 42% had attended court on multiple occasions
- 80% of respondents had health concerns including poor mental health. Some disclosed suicide ideation and had attempted to end their own lives
- One mother reported: "I just want my kids home where they belong. I can't take anymore." Another said: "I tried to kill myself several times. I felt a complete failure, unworthy of my children"
- 21% of respondents had lost their jobs. 8% had sold their homes to pay legal fees. 55% experienced financial insecurity



- One father spent more than £150,000 on 29 court hearings over eight years
- The survey found that alienated children often experienced a life punctuated by conflict, extreme anxiety and distress, until they surrendered and 'rejected' a safe parent. They can experience lasting grief from the prolonged absence of key attachment figures – not just their parent, but wider family too
- The survey concluded: “We need to see a willingness by the courts to act upon alienation with the same resolve to protect the child as with any other form of child abuse”.
- Repeated acts of abuse "need to be seen for what they are – as part of a 'coercive control' pattern which seeks to disrupt a child's innate biological attachment-bond with a much-loved, safe parent”

Visit: [Parental Alienation](#) | [Parental Alienation UK](#)

Study report 2020

https://issuu.com/goodeggsafety/docs/pauk_master_uk_study_2020?fr=sYWVmYTMwODc2OTk



Parental Alienation UK is part of the Good Egg Safety CIC
Community Interest Company.

Media event part sponsored by Get Court Ready
enquiries@getcourtready.co.uk

