

QUOTES FROM FAMILY MEMBERS:

"It's horrible to be in this position and nothing can be done about it. My ex-partner was able to manipulate our two kids to lie and said it's 'their choice' not to see me. My youngest was only three. How does he even know he doesn't want to see me?"

"I have a Child Arrangements Order in place. I have followed all directions stipulated in the court order. Their X is playing emotional games by refusing to let me see or speak to her. Changing dates & times to suit. My daughter is sometimes very distant and says things which are out of character for a four-year-old"

"Cafcass, Social Services and the courts have NO idea how to deal with this type of abuse and actually allow the abuse to continue"

"My X put every conceivable obstacle in the way, including psychologically turning her against me"

"Families are being destroyed by this abusive behaviour, and the damage is infinite"

"I strongly feel that my case is coercive manipulation. My son and I had a very strong bond however his X has over a period of years damaged it and manipulated him to the point where he no longer wants to see me"

"It's heart breaking to think of my daughter's childhood being ruined by this"

"My mental health has deteriorated significantly, and it has taken a lot to still be here even with my current family"

"This whole situation has ruined my life. My kids are my world and my reason to wake in the morning. Without them, I am nothing"



“My son’s last words to me three years ago, were on the phone. I’m not going to agree to see you until you sort out the endowment policy payout with X and then he hung up. He was only eleven at the time”

Personal Testimonials

I missed out on 6 years of my children's life but believe that they have been psychologically damaged for life [Mother, Wales]

I have not seen my son for 3 years. I have managed to speak to him recently and he has told me it is easier if he doesn't speak to me as he gets so much grief off his mother. [Father, Wales]

The school tell me my daughter has gone downhill now that he has taken her again. If she was ok with him I'd let her go but I can't because I know she's being damaged mentally and emotionally and I'm scared she will self-harm again or kill herself, as she is suicidal. I can't do this anymore. [Mother, England]

My son's last words to me 3 years ago were on the phone “I'm not going to agree to see you, until you sort out the endowment policy payout with daddy” & then hung up. [He] was age 11 when he said that. [Mother, England]

I strongly feel that my case is coercive manipulation. My son and I have a very strong bond however his mother has over a period of years damaged it and manipulated him to the point where he no longer wants to see me. [Father, England]

No one seems to be bothered I haven't had contact with my children for over 2 and a half years for no fault of my own. [Father, Wales]

My children are older now but fail to understand the reality of what went on. My daughters have taken the stance of my ex which is based on lies she created to justify what she was doing. My son is older, still in my life but forever feels I am a monster and he is accountable somehow. He clearly has issues with women because of all this. I wish there were something I could do to make it right for him. [Father, England]

My daughter has been brain washed and thinks I am a bad person. She no longer wishes to have contact with me, she has not seen me for seven years now. I saw her briefly today and was told to go away. [Father, England]



*We have supported our son to maintain contact. He continues to pay maintenance. However he has been denied access for 4yrs. This has had a huge impact on the wider family. The mother has repeated her actions with the father of her other child. Our son made the difficult decision to walk away due to the negative impact it was having on his son.
[Grandmother, Wales]*

I had a high court order for unfettered contact breached in 1963 and held my daughter for the first time on the 6th June 2018 when she was 57 years of age. [Father, England]

My husband is severely alienated from his daughter, mildly alienated from his son.

I am also an alienated parent of a 14 year old son, and its ongoing with my youngest son, which has recently progressed from zero contact to minimal contact, but still being interfered with by their father. [Mother and new partner, England]

My ex partner took my two toddlers after contact - he simply didn't return them, he had no PR. He pretended I had mental health and addiction problems - I did not. He successfully alienated me as a form of control. He had a history of DV and coercive control. He also prevented the grandparents from having contact. He emotionally and physically abused them. Both now adults suffer PTSD as a result. My daughter, who was 2 when he took her, is now back with me, however I haven't seen my son in years, he refuses any contact claiming I abandoned him. They have three younger half sisters whom they missed out on having a relationship with. My daughter said her father would repeatedly say "she's not your mother anymore" and "those wee brats aren't your sisters" - I'm angry no one listened until my daughter was 19 (17 years later!!) [Mother, Scotland]

My mental health deteriorated significantly and it has taken a lot to still be here even with my current family. [Father, England]

We co-parented amicably for 7 years and then he got into relationships and they ruined it all. My life is desperate. Mental health can't take it -2 ambulances last Monday. [Mother, England]



I just want my kids home where they belong. I can't take anymore. [Mother, Scotland]

I nearly took my own life, my wife came and stopped me when I was on the edge of a railway bridge. I was severely depressed, I can't believe what I was thinking, I have two younger kids with my wife and it would have ruined their lives too. Parental alienation is real, and is a form of abuse. [Father, Northern Ireland]

I tried to kill myself several times. As I felt a complete failure, unworthy of my children. [Mother, Wales]

The court have allowed contact to be broken but won't admit failure. I can't afford to go on. I am selling my house and moving back to my parents. I had to leave my current job due to the constant allegations. I have been bullied and harassed constantly. (Father, Wales]

In the past 14 months, I have spent over £6000 on solicitor's court fees and contact centres. I now can't afford a solicitor anymore so have no legal representation and have only seen my sons for about 16 days in that time. My health has suffered. I have been through counselling and I am in a lot of debt. [Father, England]

We are struggling to pay legal fees, yet afraid to take it out of court as ex has stopped all contact before. My partner drives 250 miles every week to see his kids. He has no base when he visits them, and as such has to walk around for 8 hours with kids come rain, hail or snow. [Female partner, England]

I now can't afford a solicitor anymore. My health suffered and I have been through counselling. I got to speak to my middle son on his birthday but for the whole call of 17 minutes, he was crying his heart out to be with me. I have given a copy of this call to child services and Cafcass yet nothing is done about it. [Father, England]

Parental Alienation has ruined my life. Social Services made things worse as they said there was no such thing as PA, despite the v995. 51 diagnosis by a court appointed psychologist. [Mother, England]



This whole situation has ruined my life. My kids are my world and my reason to wake. In the morning without them, I'm nothing. [Mother, England]

I was married for 30 years and we had 6 children. Please, someone needs to intervene. It's not healthy for my children to be coerced. I look at them in photos and I see the rejection, loss of identity in their mannerisms. I can hardly bear to watch it. [Father, England]

My son will be 16 yrs in October. I have been estranged from him since he was 14. There appears to be no help or support for parents in my situation. Any support you can give me would be gratefully received. [Mother, England]

We lost our grandson whom we raised from 6 months to 8 years. We love him so much but we can't even talk to him. She has totally isolated him. It is total torture. This is our retirement. So sad. [Grandfather, England]

The child was 5 years old when her mother stopped her father from seeing her. We have a huge loving family, including great-grandparents but we have all been cut off dead. [Grandmother, Wales]

They were also cut off from great-grandparents, their Dad, aunties, nephew, niece, cousins and the children have no idea we are all here. [Grandmother, England]

I have 4 children who miss their brothers and 1 child who has never even met his brothers. [Mother, England]

I am the grandmother but my son has been alienated from his three daughters for around 3 yrs now. From all of us. [Grandmother, England]

My partner's child lives in England. Court case took place in England. The Judge's



refusal to deal with the abuse resulted in the child being so alienated that he was old enough for his views to be considered after 4 years dragged through court. [Female partner, Scotland]

I'm a social worker with 9 years front line child protection and court experience. What these poor children go through is unforgivable. [Wife of alienated father, England]

As an alienated step-parent supporting my partner through this difficult time of abuse/alienation, I think it's important to raise as much awareness of this as possible. So many people are abused in this way and there seems to be a serious lack of support/help for people who are in the same situation as us, where you feel helpless... The poor alienated kids, they are innocents in all this hatred. [Partner of alienated father, Wales]

Mediation does nothing when you are with a manipulating ex- partner. He even tried to manipulate the mediator. [Mother, Scotland]

Cafcass did second section 7 report - they saw through the lies and manipulation and agreed it was having a negative effect on my daughter. My daughter's mum failed to show up at court twice. [Father, England]

My experience of the court system and Cafcass was not a positive one. For my own health I had to stop proceedings and let him win. [Mother, England]

My husband has been completely let down. After being told by every solicitor, barrister & professional that this was the worst case they had ever seen, nothing was done. We provided constant proof of parental alienation to be told by Cafcass that they could do no more. More broken adults because of a childhood filled with emotional abuse. [Female partner, England]

I gave up fighting as it was costing thousands and getting me nowhere. It's my poor children I feel sorry for. [Father, England]

The only way to help them is to go back to court but my brother has lost faith in the system,



has no emotional reserves and has spent several thousands of pounds to end up with 3 emotionally abused children. [Sister of alienated father, England]

Courts know that the alienator lies, even in light of reports. I demand that something is done. It is child abuse. [Mother, England]

I have been to court so many times. My case went up to the high court where I have had over 5 separate hearings. The final judgment was good for me but my ex partner still would not comply. I have spent more than £300,000 on legal costs. [Father, England]

CAFCASS failed to recognise the alienation. Eldest child alienated and has now alienated siblings. I've been outcast and ostracised. The impact on my health has been terrible and this has also impacted the children. [Mother, England]

50+ court dates so far. Approximately £250,000 so far. I still haven't seen my boys in 11 years. My eldest tried to take his life twice. [Father, Wales]

My ex was found in her psychological assessment to have a "helpless strategy" and is controlling and hyper-anxious. My report came back as clear of any concerns. My daughter appears to be extremely mentally damaged. It's pure tragedy. She was such a happy and friendly girl but is the opposite of that now. [Father, England]

I'm currently attempting to enforce my order for a 4th time in 5 years. Although I have had 2 Cafcass reports saying I'm a fit and able parent. [Father, England]

The courts and police especially, were unwilling to help with the situation. They would not enforce the court orders despite having seen them. Social services and CAFCASS were also useless, they washed their hands of the case once the order was issued. [Father, England]

My ex husband has been in breach of court orders on numerous occasions preventing me having contact with our 14 yr old daughter to the extent that we meet frequently in secret & she sneaks to my home to spend time with me. Far too much pressure on my child. [Mother, Scotland]



Parent comment

“The first big one for me was when I filed divorce papers. My ex-husband instantly threw me under the bus by announcing to the kids, “Your Mum is breaking up this family!” So the kids would align with him and I am always to blame”.

Child victim grown up

I’m an adult still suffering the trauma of my parents splitting up. My father lives with his adultress. My mother has and is still using me to destroy my father and in doing so she is destroying myself and my three daughters. Blame, shame and the generational game.

I have tried to halt the generational rot, but there is no stopping it.

Child victim grown up

Before we saw the social workers, my mother sat us down and repeatedly told me and my brother to say that we wanted to live with her and never see our father. When you are only ten years old you do what you are told. I’m angry I lost twenty years of my life with my sweet, gentle father as a result

An alienated grandmother

Our beautiful grand-daughters are the light of our lives. We used to be extremely close and spent many happy hours and school holidays looking after them.

Following the divorce, the alienation was complete within four weeks. They refused to call us Grandma and Grandpa anymore and only ever used our first names instead.

Then we never saw them at all.

They’re all psychologically damaged, and our middle grand-daughter is self-harming and we’re terrified of the consequences.

How can anyone ignore this ongoing child abuse?

“IT’S DEATH BY A THOUSAND CUTS” – as described by one victim parent.





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