



SUSAN CAROL

Independent Social Work Services

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Separate Ways

I am an Independent Social Worker and provide a service named '**Separate Ways**' which offers practical, confidential and affordable support and advice to individuals experiencing divorce, separation and childcare disputes

Separate Ways Aims to Support Individuals Who:

- ◆ Are being denied access to their child/ren and there are concerns about parental alienation
- ◆ Having trouble in agreeing and maintaining childcare contact arrangements
- ◆ Are in paid work, not entitled to legal aid, therefore likely to encounter high solicitor costs
- ◆ Are struggling to mediate with their ex-partner
- ◆ Are unable to engage in mediation because the relationship with their ex-partner has significantly broken down

How Separate Ways Can Help:

- ◆ Providing emotional support to people directly affected by a relationship breakdown and parental alienation including Stepparents/Grandparents etc
- ◆ Help people to make constructive decisions about their future and feel more in control
- ◆ Maximising health and wellbeing during a time of emotional turmoil and distress
- ◆ Sign posting to relevant specialist support services
- ◆ Supporting people to manage their emotions, minimising the escalation of negative behaviours/reactions
- ◆ Help people concentrate on legally relevant issues
- ◆ Supporting people to work positively with other agencies such as Police, CAFCASS, Social Services and Education
- ◆ Help people see things from a child's perspective
- ◆ To prepare individuals for mediation sessions to help them get the best out of these
- ◆ Debriefing sessions post mediation to help focus on the best outcomes from mediation

How to get in touch:

Email: info@susancarol.co.uk
Mobile: 07944 587 165
Website: www.susancarol.co.uk



Who Am I?

- ◆ I qualified as a social worker in 1996 and have experience in all areas of social care with specialist knowledge in Mental Health and Mental Capacity. I am highly trained in social care and my wealth of experience enables me to provide confidential, affordable, professional support and advice.
- ◆ I have worked as a Principal Social Worker and Approved Mental Health Professional (AMHP) Lead, influencing and contributing to national agendas. I have a calm, empathetic manner to relate to others and identify significant social care issues, adopting a problem-solving approach.
- ◆ In addition to my professional experience, I have lived experience of separation, divorce, a childcare dispute and parental alienation. I have attended mediation sessions, represented myself at numerous Family Court Hearings as a litigant in person, experienced the Child Maintenance Service, and the Child and Family Court Advisory Service (CAFCASS).
- ◆ This personal experience enables me to fully empathise with others and offer practical support and advice to help maximise wellbeing during a time of extreme emotional turmoil and stress, whilst also offering help to minimise the emotional and financial costs for the benefit of all concerned.

Price

Initial 15-minute consultation	FREE TELEPHONE Consultation	FREE
45 minute appointment	Telephone or Online Appointment (Face to face appointments would need to include any venue costs, travel time and mileage)	£85

